



## Trustworthiness

Many people profess faith in God; but just thinking so has little meaning.

There must be some outward expression of one's faith in God.

The demonstration of faith is very simple – trustworthiness. We must always speak the truth so that others will have no doubt about our words. Then, they will associate with us without fear of any kind of trouble, knowing that we have a fine and upright character.

It is not really difficult to achieve such a reputation. We should avoid telling lies and committing any dishonest acts, and instead, place the interests of others before our own. By helping them out of their difficulties and showing them unfailing kindness, they will be made happier by our presence. In this way we will certainly win their love and respect.

To understand this, put yourself in the other position. When we meet such trustworthy individuals, we are drawn to them and feel we can turn to them for advice and help whenever we need to do so. It is only natural that lifelong friendships based on total trust grow through such relationships.

Whenever we help someone else, our kind deeds should be of a lasting, not a temporary, nature. It is like eating rice. At first it seems to have

little taste, but it becomes more enjoyable the longer one eats it. Most Japanese people feel they cannot get along without it for even one day. Like rice, we should become enjoyable and indispensable to others.

Unfortunately, there are too many individuals whose nature is exactly the opposite of this. They deliberately do things that invite mistrust and tell lies that are easily exposed. Once their deceits are uncovered, they are never trusted again, however virtuous they may be in other ways. Doing this makes no sense.

There are other individuals who never succeed, no matter how hard they work to do so. When we look into the cause of this, we often find it is due to their having lost through deceit the trust of those who are associated with them. Exceptions to this are rare. Indeed, trustworthiness is an important asset. Once you have established yours with others, you would rarely be in financial difficulty. Those who have money will more than likely be willing to lend you whatever you may need.

While we must be trustworthy in our relationships with others, it is far more important to be worthy of God's trust, the most precious of all. With the trust of God, we can live full and happy lives.

Meishu-Sama, 18th June, 1949

## A true civilization where a living God can appear and manifest



*Message by Kyoshu-sama  
(Fourth Spiritual Leader, Yoichi Okada)  
Grand Autumn Service, October 1st, 2011.  
Hall of Worship, Atami Sacred Grounds, Japan.*

Good morning everyone. Congratulations on today's Grand Autumn service, and welcome to the Atami Sacred Grounds.

With a deep sense of awe, I acknowledge that each breath we breathe is the breath of God. God, the one and only God, is alive within each one of us and within everything in the universe.

God's purpose of the Creation, as Meishu-sama has taught us, is to establish paradise on earth. This earth, where paradise can be established, belongs to God the Creator. However, we human beings have mistakenly felt that we own the earth and treated it as if it were our own. Instead of punishing us, God has forgiven this wrong attitude of ours with His unconditional love, as He wants to make the earth as truly belonging to Him and welcome the earth back into His world, heaven. If paradise is to be established on earth, we must first acknowledge that we treated the earth as our own and return it to God.

We who live on this earth also belong to God. We often say that we receive our life from God, and that God allows us to live. The true meaning of these phrases is that God lets us sense His own life as if it is ours in order to nurture us.

Our life, consciousness and soul are not ours. They belong to God. I believe this is why we should treat them with respect and treasure them. We should return our life, consciousness, soul, as well as everything on earth that we regarded as our own, to God through Meishu-sama, so that they can be used as God's own.

If we want to be of service to Meishu-sama

and contribute to the establishment of paradise on earth, the most fundamental attitude we should have is to hand everything, including ourselves, to God and always wish to live and serve in heaven, the true home of our life, existing at the center of our consciousness. I trust that serving God with this attitude will no doubt make our life more meaningful and the various activities of Meishu-sama we practice more fruitful.

I understand that you members of Izunome Kyodan are making efforts to practice Gratitude Sonen and "one more gesture of love for others" with the goal of achieving "self-realization" and creating paradise-like conditions around you and in your personal life. I also understand that you are channeling Johrei, which is the crystallization of Meishu-sama's love for others, to connect the people surrounding you to Meishu-sama. I am grateful for your sincere efforts. I hope that these practices further cultivate your ability to see yourself objectively and guide you to become a person who can serve God joyfully and with gratitude.

I would like to say that the very fact that we can put our faith into these practices is only because God has already forgiven us and the new heaven has already been established within us. This is why we must always remember that we have been forgiven by God in the name of Messiah Meishu-sama and why we should not lose our pure heart of faith with a sense of reverence for and awe of God.

It is very difficult for us to really know that we human beings needed to be forgiven by God. This is because usually, we cannot feel that we have gone against the will of God and disobeyed him. Even though God is the Creator of the universe, we regarded everything as ours. We treated life as ours and used words as our own.

We have been unconsciously using the words "God" and "faith" for our own benefit to preach to others with human wisdom. We have been using the labels of "good" and "evil" as our useful yardstick to judge people and society, and we regarded ourselves to be superior to other people, even superior to God. We now must come to the realization that we exist today only because God forgave this ignorance and arrogance of ours.

Then, where does this forgiveness come from? According to Meishu-sama, the power of forgiveness comes from God. And Messiah, being the expression of God Himself, is entrusted with this power and brings God's forgiveness to all.

Messiah, "the One who forgives", exists at the center of our consciousness. God's forgiveness is within us. This is why it is important for us to accept Messiah as "the One who forgives" and always be grateful for being allowed to receive God's forgiveness through Messiah Meishu-sama.

Sometimes we have doubts and anxiety; sometimes we feel anger and fear. We tend to think that these negative feelings are ours. However, in truth, we are sensing the negative feelings of our ancestors who are not aware that they have already been forgiven by God. God strongly wishes to let these ancestors know of His forgiveness and welcome them back to His heaven. And we, who have come to know God's forgiveness, are the only ones who can relate this to them. This is why God uses our feelings and lets us sense the feelings of our ancestors to fulfill His mission of forgiving and welcoming all to His heaven.

When we sense doubts, anxiety, anger and fear, it is in fact our responsibility to respond to the wish of God and entrust our ancestors who held these negative feelings into the hands of God through Meishu-sama so that they can be forgiven, purified, saved and welcomed into heaven.

That we have been assigned this task by God of informing our ancestors of God's forgiveness is, in my opinion, the true meaning of the phrase put forward by Meishu-sama, "we are the sum total of our numerous ancestors."

God has brought the "Age of Night" to an

end in order to nurture us in the "Age of Day" Now it is our turn to follow God's footsteps and end the Age of Night. Then, it should be asked, "What is the 'Age of Night' and how do we end it?"

After having formed all nature, God created our human consciousness, that is, our sense of self, as His final touch to the work of the Creation. This consciousness of ours is characterized by our deep attachment to "self" or "self-love". It makes us want to become superior to others and be proud of ourselves. We also repeatedly repent and endlessly ponder within the realm of this human consciousness. It is difficult for us to correct and mend these tendencies by our own efforts.

Here, I am not suggesting that we should view our human consciousness negatively. Quite the contrary, human consciousness is such a precious part of God's creation that if we let God use it in His world, or in the Age of Day, it has the potential to make us newly born. However, as long as we refuse to accept that human consciousness is God's creation, we, I believe, are bound to live in the "Age of Night" or What Meishu-sama called "the world of materialism" or "material civilization". The "Age of Night", therefore, refers simply to our inadequate recognition that human consciousness is ours and not God's.

As I said earlier, for us, it is not easy to change the way we use our consciousness. Also, we, by our own efforts, cannot recognize that human consciousness is God's. It is God who, out of His love, has already forgiven our ignorance and incorrect recognition, and decided to put an end to our "Age of Night". God has already decided to nurture us in the "Age of Day". This is why we can recognize our mistakes and regard human consciousness as God's, a thinking that is only possible to manifest in the Age of Day. We should sincerely thank God for this and respond to His love by handing back our sense of self, our human consciousness, together with our egoistic feeling of self-love, to Him through Meishu-sama. We must return human consciousness, as well as all nature, to God's heaven where the work of the Creation began and where everything in the universe originated.

I believe this act of handing human consciousness back to God is how we humans can put the “Age of Night” to an end.

Meishu-sama composed a tanka poem, “I will demolish the age-old, provisional civilization of today and establish a true civilization.” Another poem he wrote says, “The current religions and science are all provisional ones until the true civilization is to be established.” Meishu-sama called the civilization during the Age of Night a “provisional civilization” or a “semi-civilization”. He has taught us that, in the Age of Day, God creates a world of true civilization where both the material and the spiritual civilizations develop harmoniously, hand in hand. I don’t think that developing a “true civilization” necessarily means that we have to start creating some special or unique civilization from now on.

Our daily life is surrounded by many aspects of human civilization such as politics, economy, religion, science, and ideology. It seems, on the surface, that they have been made possible by human efforts. In truth, God prepared all of them. A true civilization, I believe, must be a civilization of God, where a living God can appear

and manifest Himself. A living God can appear only when we admit that God is alive and manifesting Himself at this very moment.

Since we have learned that the turning from Night to Day has been accomplished, it is possible for us to contribute to the establishment of this true civilization of God. The way to do this is by returning various cultures and civilizations into the hands of God. Put it simply, we should voluntarily hand back our materialistic way of thinking and living to God through Meishu-sama. We should pray that the human civilizations be absorbed and integrated into the spiritual world or heaven within us where God lives. This act of returning the human civilizations to God is in itself how we serve God’s plan of creating a true civilization where both the material and the spiritual civilizations develop harmoniously.

When our human-centered activities, like the current materialistic civilization, are used as God-centered activities, I believe the words and teachings of Meishu-sama will start shining within us, and their deeper meanings will be revealed to each of us gradually. In this way, everything



we do in our daily life will become different from yesterday. It will not be a continuation from the past; it will look fresh, and we can find new meaning in our life.

The fact that we have learned from Meishu-sama that God is the Creator of all and the Parent of our life is in itself an enormous blessing. It is with this blessing that we can call out to God from our hearts and say, “I am your child”, and God would graciously respond to us and say, “I surely have given birth to you”. Meishu-sama taught us this because it is God who wishes to become the true Parent of our life both in name and reality.

God created the word “Messiah” to fulfill this wish. The sound of the word “Messiah” has a special spiritual power and contains God’s wish to have us newly born. This spiritual word, Messiah, has been implanted by God within each one of us so that God may nurture and raise us as His true children. Meishu-sama was able to respond to this wish of God and was newly born as a true child of God, as a Messiah.

I should make it clear that Meishu-sama is not the only one who can become a Messiah. We too, if we are able to be newly born as a

child of God, can be a Messiah. In other words, Meishu-sama is our model and predecessor who has shown us the way to become a child of God. As followers of Meishu-sama, we are now given a chance by God to follow his footsteps and become a Messiah. In addition, to be born anew is what I meant by “self-realization” earlier. Meishu-sama has achieved self-realization before us, and that is why we treasure Meishu-sama’s life and work.

We have been blessed with God’s unconditional forgiveness because of this Messiah Meishu-sama. This is why you should, no matter whatever happens, advance your life with a firm conviction and gratitude that God already has brought you back to heaven and is nurturing you every moment to become His children.

To conclude, I offer my deep gratitude to God who accomplishes all with His new breath from His new heaven, and I pray that God’s blessing and peace be shared with all through your incoming and outgoing breath in the name of Messiah Meishu-sama.

Thank you very much.





Rev. Watanabe's Message  
President-Izunome Kyodan  
December 22, 23, 2011  
(Meishu-sama's Birthday Service)  
Hall of Worship, Atami, Japan

## Be a Pioneer of Salvation (Excerpts)

### Dawn of a New Era

This year is nearly complete. Time flies very quickly doesn't it? Reflecting upon this year, many significant events have occurred. In Japan, there was a devastating earthquake and tsunami in the northeastern area; a nuclear plant disaster and a prolonged recession. In countries overseas, a financial crisis in Europe and in the United States; flooding in Thailand; a large earthquake in Turkey; a hurricane also in the United States, and political violence in the Arabian sector was observed. I would say all of these natural disasters, financial and political upheavals, were various forms of purification.

I think the severe purifications that have occurred in the world were symbolic physical manifestations of the spiritual transition from Night into Day. Through these events, God has been trying to show us true love, a sense of justice and Divine Wisdom that will be required for the coming New Age.

Observing such disasters, many people naturally felt that "I want to help. Let me do something for those suffering." Such emotion moved many of you to take action, and you traveled to the stricken areas to help remove debris, mud and arrange for emergency supplies to be delivered. You collected donations for them. All of these were acts of Makoto (True Love). Witnessing the accident of the Fukushima Nuclear Power Plant and the situation involving the radioactive contamination, we felt rage as well as a sense of injustice that was aroused in our hearts.

The accident has awakened us to reconsider nuclear energy and to seek natural, alternative energy sources such as wind and geothermal power. My feeling is that out of this tragedy, love and compassion for the victims, a sense of justice and an insight were manifested for creating a new way of life. These are inspirational messages from Heaven that exist deep within our hearts.

What, then do we do after we receive such important messages? I think that it is to deeply reflect upon what we can do for others, and act upon it without hesitation. Leave ego and selfishness behind and have the happiness of others as a priority. Take

action. This is, I believe, what Kyoshu-sama taught us at the Grand Autumn Service, the way of returning to Heaven, and the way of ending the activity of the Age of Night.

### Good Deeds are Necessary to Create Happiness

Meishu-Sama said in his Teachings entitled, "My True Feelings": "My thoughts are always centered on how I can help others to become truly happy." If we follow this Teaching and become a person who can always think of others being happy, we can naturally take immediate action when it is needed.

For those of you who daily strive to become a person who can practice Meishu-Sama's Teachings. It might be "a piece of cake" to do so; however, for those who think that you have not reached that level, I would like to encourage you to make the New Year be your year of action. If you act with love Meishu-Sama will always be there for you. If you do not act, nothing will happen. Neither others nor we will reach a state of happiness.

*"Although we speak of love and compassion, our words are little more than wind blowing through the trees if not turned into deeds."*

As Meishu-Sama described in his poem, he taught us that the words of love and compassion would be in vain without deeds. Émile-Auguste Chartier, commonly known as Alain (1868-1951) a French philosopher and journalist, living in the same era as Meishu-Sama, wrote this passage in his book in 1928 entitled, "About Happiness (Propos sur le Bonheur)." "It is easy to become unhappy and remember only complaints and negativity. All you want to do is just sit like a prince, waiting for someone to please you." "If you want to be happy, you must make some effort. The attitude of being an indifferent bystander, leaving the door open to passively let happiness in and to do nothing will only lead you to sorrow."

Alain clearly stated that a person who simply waits for happiness and does not create steps to achieve it, will become the opposite, unhappy. In other

words, happiness cannot be created without doing good deeds.

### Be a Pioneer of Salvation

I think that everyone here was guided and connected to Meishu-sama through someone who put their deep love and faith into action. Through this process you received prayers and the thought that you will become happy and achieve salvation. Thus, you are on this path now.

I have a question for you. Are you happy? Does anybody feel happy? It is Meishu-sama's birthday today. Let us shout out loud and say, "Yes!" so that Meishu-Sama can hear your joyful voice and feel your happiness. Let me ask you again, "Are you happy?" Now Meishu-Sama can hear you and is happy.

Looking carefully at our present situation regarding happiness, we find that there were people who gave us Johrei and connected us to the spiritual path. This is true in the case of today's testimonial regarding Mrs. Nakamura. It was these people of faith who she encountered at the PTA meeting at her child's elementary school. I am sure you are grateful to those who have guided you. If you are a second or third generation of this faith, these guiding people could be your parents or grandparents. Your grandparents were also guided by someone else such as their friends or acquaintances. Everyone has someone who first introduced Johrei to him/her. Starting with Meishu-Sama as the source, many became Johrei pioneers in different areas, and each became the first person to initially introduce Johrei to another person.

Reflecting upon our past process, each one of us had such a person. On the other hand, the first person for those who we will meet in the future will be each one of us. In order to show our repayment of kindness and God's Love received from our guiding persons, we should become a "Pioneer of Salvation" for the people we will meet in the future, and guide them to this heavenly and happy state by connecting them to Meishu-Sama.

### A Lay-Minister's Happy Story

As I previously mentioned at the Grand Autumn Service, Kohda Rohan wrote about three kinds of effort necessary to maintain and expand our happiness. One is Sekifuku (Saving Happiness) caring about our own gifted happiness, Bunpuku (Sharing Happiness) and Shokufuku (Planting Happiness, the most important of all).

In Brazil, I spoke about the importance of Shokufuku, Planting Happiness, and being the guiding

initiator or Pioneer of Salvation of someone so they may become happy.

One Lay Minister, after hearing my talk, reflected upon himself that he could have been the Pioneer of Salvation more if he was not so concerned about the possibility of negative results and the outcome it might have on his reputation. He was determined to change himself to be a Pioneer of Salvation, who could guide others to this path so that they could be connected to Meishu-sama and become happy. He prayed daily that he could receive opportunities to meet those who had a spiritual affinity with him.

Soon after this declaration, he was presented an opportunity, and he was able to give a person Johrei. A wonderful blessing was granted. Due to this blessing, many people were drawn to him and they were guided to this spiritual path. Through the action of guiding others, he has become a cheerful person whose life has become more positive and happier in correlation to the gratitude of those he has guided and supported.

I have heard of many similar testimonials in Brazil. Through hearing these experiences, I feel that when people truly pray for the happiness of others, and then take action, God will grant many more opportunities for us to grow to be Pioneers of Salvation, the initial guiding person for your family and friends.

### Conclusion

Many people around you will be connected to Meishu-sama and become happy, subsequently this happiness will create other happiness and a prototype of Paradise on Earth will be eventually manifested if we become Pioneers of Salvation like our old pioneer ministers. Keeping this in mind, we should keep reaching out our hands of help to family members, neighbors and friends.

Step by step, we have been doing Practice of Sonen, Practice of Gratitude, and Practice of Making Others Happy. After accumulation of these virtues in the past years, the next step we should take will be to become a Pioneer of Salvation so that we can guide others and foster their faith to be a person who has a deep love and compassion for others and who is strongly connected to Meishu-sama.

I would like to conclude my speech today with my sincerest prayer that you may receive abundant blessings from God and Meishu-sama, and that all people on Earth may find connection and unity. I am so grateful for what you have done for Meishu-Sama in this past year. I hope you will have a wonderful and hopeful New Year.

## Faith Testimonial

London Johrei Centre

Annual Service for Salvation of the Ancestors - 30th October 2011

Mrs. Wilasinee Welton



Good afternoon.

My name is Wilasinee (Parn) Welton. I received my Ohikari in Thailand in 2006. Today I would like to share my experience regarding the importance of committing ourselves to giving service and dedication to God and Meishu Sama at the Johrei Centre.

I became a Johrei member five years ago, while still in Thailand, after feeling very unhappy my whole life. I was so unhappy I was suicidal for two years. After becoming a member my life improved and I have been living in the UK with my husband and daughter for 3 and a half years now. But for three years I could not dial the telephone number to connect to Johrei in England.

Last year I began to go through many sufferings; I became pregnant with my second child but at 12 weeks I had a miscarriage and lost the baby. I became very angry with God and lost interest in my life and family.

I began to spend all my wages very freely without thinking about God; and I never used it to pay my debts. I would buy alcohol, clothes and food (to suppress my real feelings) and I never paid any of the house bills. I left that to my husband. I just felt "I own this money!" We argued all the time. So after work I would just get drunk, come home and fall asleep each night to avoid talking to him. More debts accrued and I had to work harder and harder to pay the debts back. At the end of each month I was so worried about how to pay off the credit cards I avoided it, saying, "I'll pay it sometime, not now; next month, next month..." The debt grew bigger and we were starting to fight, up to the point where one day we physically abused each other. We were all suffering and the situation had reached breaking point.

Seven months ago I received permission from God and Meishu Sama to make contact with the London Johrei Centre. That's when I called to ask for help. The Minister promptly asked a Thai Missionary to visit me in my house in Poole (Bournemouth area).

Within 2 days Supat came from Oxford to visit me. She gave me Johrei and when I told her of my huge debt and family conflict she advised me to do the practice of Sonen as often as possible - right after the moment of conflict, and to put it into action (e.g. by making a small donation - 10 or 20p) or the prayer won't work. She explained that all the wealth in the world belongs to God and about the importance of expressing my gratitude to Meishu Sama through donations: What comes to us is God's blessing and it is God's plan that we should enjoy and appreciate these blessings - and not to waste them.

She advised me to go to the Johrei Centre and make a donation to God every month (5 to 10% of my earnings), with happiness and willingness -- not as if I were forced to do it. She said that if I really apologised to God for wasting money and give dedication at the Johrei Centre with sincerity, God would help me get straightened out with money. As soon as I decided yes, I started to feel alive again.

When I was feeling suicidal or useless I called Supat on the phone twice a week, and Wanipa every day. She supported me a lot.

When my life was going wrong she would say, "It's ok, say 'thank you', let's make donation and pray the Practice of Sonen" and she would pray while I cried. I was terrified to go to the Johrei Centre; I had only just passed my driving test, it is 100 miles away, I had never driven on a motorway before, and I didn't know the way. But Supat said if I was suffering very badly I should go and pray at the altar. For a month I was too scared.

Patiently and over time, she advised me to keep doing the Practice of Sonen every day, to give Johrei to my husband and daughter every day, to read the teachings of Kyoshu Sama and Rev. Watanabe for half an hour to an hour every day - and to put the teachings into action.

I was frightened but very determined to go to the London Johrei Centre that first time and

Meishu Sama helped me. I went for the flower arranging day and I felt so much better afterwards. I stopped wanting to drink and shop. When I got there I prayed, asking permission to be useful, to make regular dedication at the Johrei Center and serve on behalf of my ancestors and all of humanity on this earth. And I gave a donation on behalf of my ancestors so that I could repay my debt.

After praying I was afraid of what treatment my husband may give me when I got home, and Supat advised me to trust Meishu Sama with whatever happened next; whatever result would come. She said that whether he was very angry with me, or if he throws me out, or allows me to stay with him - or even if he would hit me; now I have prayed for God's help I should leave it all in God hands and work with Meishu Sama as much as possible through each day. I strongly felt that I had to start doing it.

I began to practise all of this. I changed myself completely and stopped arguing back with my husband. Where before I wouldn't let him complain to me; now I ask how he is, if he is happy. I read the teachings every day, for 30 to 60 minutes, and I tried to put them into practice. As Reverend Watanabe said, whoever is in my life was given to me by God; this means my husband. This was the best thing - I put flowers in every room because Meishu Sama says that dark forces are afraid of flowers.

I read that we can work with Meishu Sama in our daily activities, which are given to us by God. So I try to do everything with Meishu Sama - If I pick up a pen, or drink a coffee, speak to a person or go to work, I can say - 'Meishu Sama, please do this with me'.

The most important thing I started doing was giving my husband Johrei every day, even twice a day. As soon as I wake up, I pray to God, then give him Johrei before he wakes up. If I miss one day, we get into arguments again. I changed myself

to be soft; now If he wakes up angry I just make a donation and do the Practice of Sonen for his ancestors who are manifesting and he feels better straight away. I also do this with my daughter and my colleagues – if my colleague treats me unfairly I don't talk back any more.

I go next door and give Johrei to them through the wall and I make donation for their ancestors – just 10 or 20 p. And I learn more tips on how to change my behaviour from other members who share their experiences with me.

While there, I was invited to go to Porto (in Portugal) to join the dedication for the construction of the new European Johrei Headquarters. I didn't think I was ready to go yet, as I was suffering financially and had no money. However, I was advised to pray and make donations on behalf of my ancestors who were willing to take part in the dedication together with me. Also I was advised to start coming regularly to the Johrei Centre once a week and to offer my time to God and Meishu Sama.

As a consequence of this change in my Sonen and practice, my finances suddenly improved. I received an unexpected sum of money; A cheque arrived in the post of a tax rebate for £250 which I hadn't applied for and didn't know anything about.

And so I managed to book a flight to Porto that next week. I am sure this was a blessing that came as a result of my regular practice of donations, and for making an effort to drive two hours from Poole to London every week to give service at the Johrei Centre.

Regarding my debts - my financial situation was made better immediately. Two months after donation I repaid all of my debt of £1,400 ! This was because I didn't drink or overspend. I had been going out to the pub every night but I don't do any of that any more. After I visited the Johrei Centre I didn't want to waste money any more on silly things I didn't need. Supat showed me Meishu sama's article about debt, worry and the

spirit of money and now I just use it to pay bills, buy food for my family and petrol to drive to the Johrei Centre once a week. Now the money I earn is enough to live on without suffering.

I kept in contact with Supat and Wanipa regularly and they supported me. Just two weeks before the trip to Porto I began to purify; my husband and I had conflict again and started fighting physically. Supat advised me to make donations for him each day on his ancestors' behalf, to do the Practice of Sonen as well as to give him Johrei every day. I started this! Much improvement! Then I realised it was not me and my husband who were acting this way, but we were manifesting the suffering of many ancestors.

Now as soon as I wake up I pray and then I give him and my daughter Johrei - morning and night, twice a day. Things are changing...

On the first day of our dedication in Porto last September, the Minister told us that our ancestors couldn't make any decisions for us; so we had to make a decision as representatives of our ancestors. So I prayed and asked Meishu-Sama for permission to carry on doing my dedication in the UK as a representative of all my ancestors. I also asked permission to commit myself even more to the Divine Work of God and Meishu Sama.

Coming back to the UK, I took the decision to come every Tuesday to the Johrei Centre from 3pm till 9pm – not just any day or time in the week. Meishu Sama teaches us that "God is Order", so I realised that I had to do my dedication in accordance with this Law of Order.

Since then, my relationship with my husband and my daughter has been very good. I am doing my best to give them Johrei every day – with cuddles- and if I forget they still become upset with me. I know that this is a clear message from our ancestors who wish to remind me that I should carry on with this practice without missing one day.

I am changing myself completely, by 180 degrees. Now I have a good life - that is going somewhere, I have friends, and so much happiness!

Also, my mother, who lives in Thailand, is always poor but she found a better job recently and my sisters and brother are doing better, and I am certain that they received these blessings because of my committed dedication at the Johrei Centre.

Last week I read Meishu sama's article on spiritual debts to God, and I decided to increase

my monthly donation from 5% (before), to 10% of my monthly earnings. That night my daughter went from not letting me give her Johrei openly (I gave through cuddles) to asking to come to the Johrei Centre! And within 3 days my husband's business improved: he suddenly sold £1000 worth of goods! - which is a big jump from normal, and my boss offered me more work hours.

Thank you God and Meishu Sama for the permission to be used as your instrument.

Thank you!



"I had the permission to learn about the importance of striving to serve God and Meishu-Sama at the Johrei Centre."

Wilasinee Welton



UK Pilgrims at Porto Johrei Centre, Portugal

